Indulgences

Various Days on Which a Plenary Indulgence May be Gained

- On 1st January, if the hymn *Veni Creator* is publicly recited or sung.

- On any Friday in Lent or Passiontide, by reciting the prayer *En ego* in front of an image of OLJC Crucified after having received Holy Communion.

- On Holy Thursday, at the singing of *Tantum ergo* during the ceremonies.

- On Good Friday, by kissing the Cross during the ceremonies.

- On Holy Saturday, by joining in the Renewal of Baptismal Promises during the Vigil.

- On Whit Sunday, if the hymn *Veni Creator* is publicly recited or sung.

- On the Feast of Corpus Christi, at the singing of *Tantum ergo* after the procession.

- On the Feast of the Sacred Heart, if the Act of Reparation is publicly recited and the Litany of the Sacred Heart of Jesus is sung or recited before the exposed Blessed Sacrament.

- On the Feast of SS Peter and Paul, by using any pious object blessed by the Supreme Pontiff or a bishop and making a profession of faith using any approved formula.

- From midday on the 1st August to midnight on the 2nd of August (Portiuncula), by visiting a church and there reciting a *Pater* and *Credo*.

- On the Feast of OLJC the King, if the Form of Consecration is publicly recited with the Litany of the Sacred Heart, before the exposed blessed sacrament.

- On All Souls' Day, only applicable to the Souls in Purgatory, by visiting a church or oratory and there reciting a *Pater* and *Credo*.

- Daily, between 1st to 8th of November inclusive, only applicable to the Souls in Purgatory, by visiting a cemetery and there praying for the Faithful Departed. On All Souls' Day itself, this means of gaining an indulgence is an alternative to the option given above.

- On 31st December, if the *Te Deum* is publicly recited or sung.

- On the feast of the title of any church, by visiting the church and there reciting a *Pater* and *Credo*.

These days are indicated thus: Pl Ind.

(*Enchiridion Indulgentiarum Normæ et Concessiones* 1968 & Westminster Yearbook 2015 – latest editions available)